

Everyday Grief

An anthology giving space to the unique voices of grief

Edited by Cindy Eastman and Trudy Swenson

Call for submissions:

The voices of grief are united yet disparate. There is no single note to sing together, the only common chord is loss. The death of twenty-five years ago can be as fresh as the death of yesterday; there are no rules, no playbook, no guide. And grieving a loss isn't only about death; loss of the familiar, the constant, the sustaining . . . all loss is grieved in some way or another. And each voice is different.

Loss looks different for everyone who is experiencing it and no one gets to tell us what that is. However loss shows up for us, it is only our own words that can put meaning to it. For example, there is great loss in caregiving situations, when an adult child is caring for a parent that no longer recognizes them. Or the loss that hasn't quite happened yet, but you know it will, because you are dealing with a terminal disease or diagnosis. The loss of community, the loss of friendships and the loss of pets. It is important to share these stories because they impact everyone differently. They impact us every day.

Those are the voices we want to collect and share. Grief isn't a proscribed period of time, it's not a phase, it's not something we "get over." We live it. Once we experience loss and enter into the process of grieving that loss, it changes us. Dramatically or imperceptibly, we are changed by grief and who we become subsequently relies a great deal on how we integrate that process into our beings.

What we're looking for: Your story, your experience, your understanding of grief. We are interested in creative non-fiction for this anthology but *may* consider poetry or short fiction.

This call for submissions will remain open until sufficient works are received to create a diverse and wide range of voices. We will share updates through the [Writual Substack](#) newsletter, [Cindy's Facebook](#) page or via email as to the book's progress. Each selected contributor will receive at least two complimentary copies of the anthology. We will make every effort to provide a stipend if at all possible. We welcome simultaneous submissions as long as you immediately notify us if your work is accepted elsewhere. Previously published work is accepted as long as it is your own work.

Submissions should be between 500-2000 words (or up to two poems) and in Times New Roman 12-point font.

Submissions:

Attach your submission as a Word or PDF format in an email and send it to mywritual@gmail.com with the subject line: **EGSubmission: LASTNAME-Your Title**.

In the body of the email please include your *short* cover letter, contact information, and a short bio (50-75 words). Upon acceptance, we may require an additional bio and a headshot.

Address questions to mywritual@gmail.com Subject: **EGQuestion**

Thank you for sharing your work with us. We look forward to reading it.